



INGHAM

December Activity Calendar 2024

76 Davidson St

4776 2296

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Gentle Exercise 10am -11.30am Includes Morning Tea	4 Wellness Activity Pedi Care & Pampering 10am – 2pm RSVP 20/11 24	5 Mind & Body Exercises CANCELLED Classes resume Thursday 2 nd January 2025	6 Movie Matinee/Morning Tea Mona Lisa Smile (1.59 hrs.) Everglow Davidson St \$5.00 Includes morning tea 9.30am – 12noon RSVP 22/11/24
9	10 Gentle Exercise CANCELLED Classes resume Tuesday 14 January 2025	11 Clients Christmas Party Hinchinbrook Hotel 11.30am – 1.30pm RSVP 27/11 24 Orders taken on the day Bring along a secret Santa gift up to the value of \$10.00	12 Mind & Body Exercises CANCELLED Classes resume Thursday 2 nd January 2025	13 BINGO 9.30am – 11.30am Includes Morning Tea 5 Benefits of playing Bingo 1.Mental Stimulation 2.Social Interaction 3.Emotional Well- being 4.Motor Skills 5. Memory Enhancement
16	17 Gentle Exercise CANCELLED Classes resume Tuesday 14 January 2025	18	19 Mind & Body Exercises CANCELLED Classes resume Thursday 2 nd January 2025	20
23	24 Gentle Exercise CANCELLED Classes resume Tuesday 14 January 2025	25 Public Holiday CHRISTMAS DAY	26 Public Holiday BOXING DAY	27 Hoy 9.30am – 11.30am CANCELLED Will resume Friday 24 th January
30	31 Gentle Exercise CANCELLED Classes resume Tuesday 14 January 2025			

Everglow - Contact your Case Manager for more information on Activity pricing